

LGE Performance Systems announces name change to Human Performance Institute

(Orlando, Florida, February 28, 2006) — LGE Performance Systems co-founders Jim Loehr, Ed.D., and Jack Groppe, Ph.D. announced the name change for their business to Human Performance Institute. “It better depicts who we are and what we do as a company in all of the high stress, high performance venues where we currently provide service- business, sport, medicine, and law enforcement,” says Chairman and CEO Dr. Jim Loehr. “For us, it symbolizes yet another important milestone in our quest to deliver unprecedented value, quality, and service in all of our programs and products.”

The Human Performance Institute has experienced tremendous growth and expansion over the last decade. Its science-based energy management technology has received recognition and praise from industry leaders throughout the world. The Institute is leading the way in establishing an entirely new category of training- Energy Management- that holds great promise.

In sports, the experts at the Human Performance Institute have made significant contributions to the performance of world-class athletes including tennis players Jim Courier and Arantxa Sanchez Vicario, golfers Mark O’Meara and Michelle Wie, hockey player Eric Lindros and Mike Richter, boxer Ray Mancini and Olympic gold medalist Dan Jansen. “The overriding foundation upon which all sports training programs are designed is energy management,” says Dr. Jack Groppe, Vice Chairman of the Human Performance Institute. “Issues of stroke production, diet, fitness, mental toughness and recovery are systematically addressed from the perspective of energy management efficiency.”

The Human Performance Institute’s tennis program, led by Director of Tennis Lorenzo Beltrame, incorporates the latest state-of-the-art sport science technology. From nutritional sciences to exercise physiology and from sport psychology to biomechanics, the Institute staff believes that the best results are achieved when all aspects of the tennis player’s life are systematically addressed in the overall training program. The Institute’s world-class tennis program features an advanced junior academy designed for a select group of talented and motivated players. The staff at the Institute is committed to developing a new generation of world-class players.

“Our clients and strategic partners can be assured that our team at the Human Performance Institute will continue to provide the highest quality training and support services possible. This name change in no way reflects a change in ownership, philosophy, or leadership.” adds Loehr.

Visit www.energyforperformance.com for additional information on sports and corporate training programs at the Human Performance Institute.

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